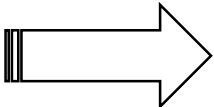


# Why Should You Apply for Free and Reduced Meals?

Foremost, we believe that one of the most important ways in which we can help our children is to provide them with the nutrition necessary for the healthy growth of their minds and bodies!

Fill out the online application now and save time before all the 'first day' packet information comes home!! Go to [www.ezmealapp.com](http://www.ezmealapp.com) to fill out the application confidentially, online! Enter SAU 36 White Mountains Regional School District when asked for the District.

## Common Myths about Free & Reduced Meal Applications (This includes both breakfast and lunch!!)

Myth	Fact
My income has changed; it's too late to apply.	You may apply any time throughout the school year!
I don't qualify because I have other children in college that don't live at home.	Children attending college are considered part of the household, so they should be listed on the application.
I don't apply because I don't want my children to know that they are receiving free or reduced meals.	We never tell a child their qualification status! <u>All children</u> simply give their student ID to the food service personnel when going through the line!
I don't think I qualify because my current job is seasonal, so at this time, I make too much.	By using your yearly income, you may qualify.
My child didn't bring home an application.	Go to <a href="http://www.ezmealapp.com">www.ezmealapp.com</a> to fill out the application confidentially, online! Enter SAU 36 White Mountains Regional School District when asked for the District.
My children don't eat the school's breakfast and/or lunch, so why apply? 	<b>Our Free and Reduced meal rate is used to calculate Federal Funding for our schools, regardless if your child takes the meals. This funds our Title I teachers, instructional resources and materials, and professional development!!! This lowers our tax rates so that these essential services are not funded by local dollars!! The more qualifying applications we receive, the more revenue we receive for the students!!</b>
I don't want people to know my income.	The application is confidential! Your information is not shared and students are not identified.
I don't want to take money away from families that need this benefit more than my family.	No monies are taken from families. The more applications, the better for all of our students!
I make too much money to qualify.	<b>See the Federal Eligibility Income chart below</b> for the 2019-2020 school year!

FEDERAL ELIGIBILITY INCOME CHART For School Year <b>2019 - 2020</b>			
Household size	Yearly	Monthly	Weekly
1	\$ 23,107	\$1,926	\$ 445
2	31,284	2,607	602
3	39,461	3,289	759
4	47,638	3,970	917
5	55,815	4,652	1,074
6	63,992	5,333	1,231
7	72,169	6,015	1,388
8	80,346	6,696	1,546
Each additional person:	\$ 8,177	\$ 682	\$ 158