

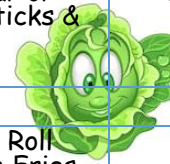
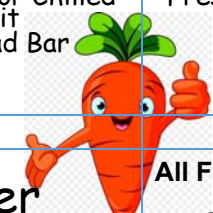


2	3	4	5	6
<p>Lunch Meal Price \$3.20</p> <p>Reduced Lunch \$.40</p> <p>Breakfast Meal Price \$1.95</p> <p>Reduced—Free!</p> 	<p>Chicken Patty on a Bun Goldfish Crackers Lettuce & Tomato Steamed Sliced Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>Hotdog in a Roll Macaroni Salad Baked Beans Cucumber Slices Fresh and/or Chilled Fruit Or Salad Bar or Hot Italian Sausage in a Roll</p>	<p>Taco Salad Rice Pilaf Whole Kernel Corn Mixed veggies Fresh and/or Chilled Fruit Or Salad Bar</p> 	<p>Stuffed Crust Pizza Caesar Salad Baby Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>
9	10	11	12	13
<p>Chicken Nuggets Mashed Potato Homemade Roll Steamed Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>Cheeseburger on A Bun Goldfish Crackers Baked Beans Steamed Green Beans Fresh and/or Chilled Fruit Or Salad Bar or Chicken Patty on a Bun</p>	<p>Spaghetti w/Meat Sauce Garlic Bread Steamed Broccoli Fresh and/or Chilled Fruit Or Salad Bar or Mozzarella Sticks & Roll</p> 	<p>Meatball Sub w/ Cheese Goldfish Crackers Baby Carrots w/Dip Fresh and/or Chilled Fruit Or Salad Bar or Burrito</p>	<p>Chicken Fajita Rice Pilaf Green Peppers & Onions Whole Kernel Corn Fresh and/or Chilled Fruit Or Salad Bar</p>
16	17	18	19	20
<p>Macaroni & Cheese Homemade Wheat Roll Beets Squash Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>Popcorn Chicken Mashed Potato Garlic Bread Stick Mixed Veggies Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>Hotdog in a Roll Baked French Fries Baked Beans Broccoli Florets Fresh and/or Chilled Fruit Or Salad Bar or Meatball Sub</p>	<p>Shepherd's Pie Homemade Roll Cucumber Slices Fresh and/or Chilled Fruit Or Salad Bar or BBQ Rib on a Bun</p>	<p>Stuffed Crust Pizza Caesar Salad Baby Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>
23	24	25	26	27
<p>Chicken Alfredo Garlic Bread Steamed Broccoli Beets Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>Chicken Patty on a Bun Goldfish Crackers Lettuce & Tomato Baked Beans Steamed Sliced Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>American Chop Suey Homemade Wheat Roll Steamed Green Beans Fresh and/or Chilled Fruit Or Salad Bar or Mozzarella Sticks & Roll</p>	<p>Roast Turkey w/Gravy Mashed Potato Garlic Bread Stick Squash Fresh and/or Chilled Fruit Or Salad Bar</p> 	<p>Taco Salad Rice Pilaf Whole Kernel Corn Mixed veggies Fresh and/or Chilled Fruit Or Salad Bar</p>
30	<p>WMRHS September 2019 Menu</p>			<p>All Fruits and Veggies are Offered with Salad Bar, Sandwiches, and Entrees</p>
<p>General Tso Chicken Mashed Potato Homemade Roll Baby Carrots Fresh and/or Chilled Fruit Or Salad Bar</p>	<p>A Choice of skim, low fat, nonfat chocolate milk is offered with all meals.</p>			

All meals are subject to change without notice.

Daily Breakfast Menu

Assorted Hot Breakfast Items Or

Bagels w/Cream Cheese

Cereal & Muffin

Served with:

Fresh or Chilled Fruit, Or Juice

Milk



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